# FREESTYLE DAILY

NCL NORWEGIAN



### TONIGHT'S ENTERTAINMENT

Cirque Dreams™ & Dinner

The evening's special is...opulent eccentricity à la entertainment extravaganza presented by an array of world class talent, Broadway acrobatics, a touch of whimsy and tasteful participation. Enter a world where personality and presentation are served with spectacle and celebration in an unforgettable dining sensation under the first big top at sea. Video and photography are strictly prohibited. Seats are on a first come, first serve basis; please arrive with your entire party prior to doors opening. Reservations are required and will be released five minutes prior to show time. Please note that due to the nature of the show, you will be seated with others. Book reservations through Box Office, iTV and our touch screens situated all around the ship. For Cirque Dreams & Dinner we have two different types of seating (standard and premium). Please inquire about the difference with our Box Office Staff. Charges apply.

Time: 5:45pm, Spiegel Tent, Deck 6, Fwd (Doors open 30 minutes before show)

The Second City

Spend an evening with The Second City comedy troupe in the Headliner's Comedy Club. The 7:00pm show, Overboard!, includes a look at life onboard - the EPIC experience, the 9:15pm show takes a satirical look at the American experience and the 11:00pm show is a no-holds barred evening improvised entertainment intended for adults only. Book tickets through the Box Office, iTV and our touch screens situated all around the ship.

Times: 7:00pm, 9:15pm (PG13), and 11:00pm (18+) (Doors open 45 minutes prior)

Blue Man Group

Blue Man Group's award winning show is unlike anything you've seen before! Renowned the world over for their captivating mash-up of original music, inventive comedy and multimedia theatrics, the Blue Men create a blissful party atmosphere you don't want to miss! Video and photography is strictly prohibited and please be advised that beverages are not to be brought to the Theater. Book tickets through the Box Office, iTV and our touch screens all around the ship. Latecomers cannot be accommodated so please be on time. This show involves flashing images/lights.

Time: 7:00pm & 10:00pm, Epic Theater, Deck 6, Fwd (Doors open 45 minutes before show)

Reservations will be released 10 minutes prior to all shows in the Epic Theater and Headliners and 5 minutes prior to showtime in the Spiegel Tent. Latecomers will not be allowed in. Please note it is important to be on time for all shows as seats are on a first come, first serve basis with reservations. Please arrive with your entire party for all shows. Video/Audio-taping and photography are prohibited in performance venues.

### SEIZE THE DAY

Meet our Senior Officers: Do you have question about the ship? Join us this morning for an interesting Q&A with our Senior Officers.

Time: 10:30am
Headliners, Deck 6, Fwd

SLIME Time LIVEI: Bring on the mess! Join your Nickelodeon Host and Team Nick for this interactive game show for contestants of all ages! Face off in classic Nickelodeon challenges that are bound to get all sorts of gooey. Inspired by some of Nick's most popular shows, it'll have everyone competing to raise the score. Plus, someone is getting SLIMED! Time: Noon Epic Theater, Deck 6, Fwd

International Epic Crew Show: Get ready to cheer on your talented crew members as they share the spotlight on the main stage. Don't forget to bring your cameras for this one-time-only special event. Also, featuring a very special farewell from all Officers, Staff & Crew. The show will be broadcast live in the Atrium and on Channel 21. Time: 2:00pm
Epic Theater, Deck 6, Fwd

Thrill of the Grill: It's a casual night upstairs and featuring prime ribs, chops & salmon fresh off the grill. Try our seafood cioppiono or a Bahamian conch salad - it's time to get fresh with us under the stars! Time: 5:00pm-9:30pm Garden Café, Deck 15, Fwd

Deal or No Deal Game Show: The world's most popular game show is on Norwegian Cruise Line! Contestants play and deal for cash in a high-energy contest of nerves and raw intuition. Get your cards at the Box Office throughout the day during posted hours or in the Atrium from 8:00pm-8:30pm. Time: 8:30pm Atrium, Deck 5, Mid

The Quest! Adult Game Show: It's the most outrageous event of the cruise! Team up with your fellow guests - not for the easily offended or faint-hearted. Photography, video and audio recording of any kind is not permitted. (Adults only) Time: 11:00pm
Bliss Ultra Lounge, Deck 7, Fwd

# Norwegian Epic Day 7

Saturday February 8, 2014 Sea Day

Today's Forecast: Sunny, 88°F/31°C Sunrise: Sun

 Sunrise:
 Sunset:

 7:01am
 6:16pm

Important Notice:
Did you remember to advance your clocks forward 1 (one) hour last night? (Between Friday night and Saturday morning.)

Stay Healthy: Please wash your hands often, especially after using the restrooms. Please sanitize your hands before any meals and at the gangway when returning to the ship. In addition, sanitizing dispensers are located outside all restaurants & public areas. If you have a Gastro-Intestinal issue, please report this immediately by dialing 00 and remain in your stateroom. While ashore, drink only bottled water, be cautious while dining, wash your hands often and we discourage hand shaking.

Important numbers: Emergency: dial 911 Guest Services: dial 00

#### Guest Feedback System Now Online

We hope you're enjoying your cruise. In the past, we would ask guests to fill out a comment card, but we've replaced this traditional method with an online survey. This new process makes gathering guest feedback and improving future Norwegian Cruise Line cruises faster and more efficient. After the cruise, randomly selected guests who provided their email address on their Advance Guest Registration form will receive an email with a link to the survey. We truly value your opinions and hope you will complete this survey. If you don't receive an email survey and would like to provide feedback, please send your comments to Norwegian Cruise Line Customer Relations at 7665 Corporate Center Drive, Miami, FL 33126. Thanks again for sailing with us.

### MUSIC EVERYWHERE

Poolside, Deck 15, Mid Music with Jammroc Noon-1:00pm & 2:30pm-4:30pm

Shakers Martini Bar, Deck 7, Mid Music with El Sol Duo 8:30pm-11:30pm Maltings, Deck 7, Aft Guitar Music with Jim Capik 7:00pm-11:00pm

## THE DAILY RECOMMEND



Epic Pub Hop

It's a rowdy cocktail train with your Cruise Director's Staff around the ship to visit 5 bars, featuring 5 different drinks, with games and fun to be had by all! Fee applies, limit 50 guests 21yrs and over. Time: 3:00pm Meet in Atrium Bar, Deck 5, Mid

#### Karaoke Madness

Grab a mic and get together with friends and family for a fun-filled night of karaoke, Liquid courage is available at the Bar. Fun for all ages and singing abilities. Time: 9:30pm-11:00pm Bliss Ultra Lounge, Deck 7, Fwd

#### Solo Travelers Gathering

Traveling alone? Not for long! This is your chance to meet more new friends onboard. Join your Cruise Staff and fellow guests for an informal social. Time: 5:00pm Studio Lounge, Deck 11, Fwd

### 2 for 1 Bingo & Cruise Raffle Bingo

This morning, get 2 for the price of 1 as we double all your bingo cards and raffle tickets. In the afternoon, one lucky guest will win a 7 day Caribbean Cruise for Two, you must be present to win and our Snowball Jackpot, estimated at \$1,500, all must go! Time: 11:00am & 4:15pm Headliners, Deck 6, Fwd

#### **Future Cruises**

10:15am - Future Cruise Preview - Atrium. 10:00pm is your Last Chance - \$150 today gives you \$250, off a new future cruise booking. You only have to book and sail within 4 years. Sign up for Cruise Rewards today. Time: 11:00am-Noon, 3:00pm-5:00pm & 7:00pm-10:00pm Cruise Consultant, Deck 5, Mid

#### Slide Spider Mountain

Find another one of the Epic's many surprises - the giant spider web! Climbing your way through two stories of insanity has never been this much fun. (Eight legs are not required.) Time: 10:00am-Noon & 4:00pm-6:00pm Sports Court, Deck 17, Aft

#### Presumed Murdered Sign-up

Join the cast of The Second City for a mystery luncheon where you decide who gets murdered at sea - and then help solve the case! Final chance today! Seats are limited so sign up early at the Entertainment Box Office Desk, Deck 6, Fwd (Fee Applies)

Time: 12:30pm, Spiegel Tent, Deck 6, Fwd

### **Entertainment Box Office**

It's show time! If you need any information regarding our shows this week, stop by our Entertainment Box Office and the staff will be more than willing to assist you. Time: 9:00am-11:30am & 2:00pm-4:30pm Box Office, Deck 6, Fwd

#### Activity Card Prize Redemption

For those guests who are disembarking, please don't forget to check out the times and redeem your activity cards at Bliss Ultra Lounge! Time: 2:00pm-3:00pm, Maltings, Deck 7, Aft

Time: 9:30pm-10:30pm, Bliss Ultra Lounge, Deck 7, Fwd

#### Battle of the Sexes Game Show

Join your Cruise Staff for this hilarious game show that will pit the men against the women. Which gender will be victorious? You'll have to watch to find out! Time: 4:00pm Atrium, Deck 5, Mid

#### Freestyle Disembarkation

Choose your preferred time, and corresponding luggage tags. For 'Easy Walk Off no need for tags, just carry off your own luggage. Tags will be delivered if you're a guest with a Norwegian transfer, have a Norwegian Post Cruise Hotel package, or you're going on an excursion. Tags are available today starting at 4:00pm. Guest Services Desk, Deck 5, Atrium

#### Bowling

Norwegian Epic has the most bowling alleys at sea, so be sure to try bowling on the high seas. Get your friends and your family and bowl the night away. You won't want to miss it! Please bring your socks. (Fee applies & Waiver required) Time: 10:00am-Midnight, O'Sheehan's, Deck 6, Mid & 11:30pm-1:00am, Bliss, Deck 7, Fwd

Call home from the comfort of your stateroom. Rate \$4.99/minute.

### **BAR MANAGER'S SPECIALS**

### Drink of the Day:

The Painkiller \$6.95 (served in a souvenir cup for only \$2.75 more)

### Daily Special Coffee:

Spanish Coffee \$6.75

Smoothie of the Day:

Melon Madness \$8.95

### Daily Non-Alcoholic Drink:

Billy Bunter \$4.50

### International Wine Tasting:

1:00pm, Shanghai Extension, Deck 6, Aft (Fee applies)

#### NCL U Beer Tasting:

2:00pm, Maltings Bar, Deck 7, Aft (Fee applies)

# THE DAY AHEAD YOUR CHOICE

Norwegian Epic

Saturday, February 8, 2014

### A Morning of Possibilities

All Day All Day All Day 7:00am 7:30am 8:00am 8:00am 8:00am 9:00am 9:00am 9:00am 9:00am-10:00am 9:00am-11:30am 9:30am 9:45am 10:00am 10:00am 10:00am 10:00am 10:00am 10:00am-1:00pm 10:00am-1:00am 11:00am	Slide Spider Mountain *** Epic Bounce is Open *** Rock & Rappelling Wall ** Waterslides are Open **	Maltings Biscayne C Le Bistro Headliners Sports Court Sports Court Rock Wall Aqua Park O'Sheehan's Atrium Headliners

#### Channel 13 Bowling Alley Deck 15, Aft Pulse Fitness Pulse Fitness Pulse Fitness Sports Court Deck 7, Stbd Headliners Pulse Fitness Atrium Maltings Maltings Box Office Poolside Promenade Mandara Spa Pulse Fitness ff Headliners Maltings Biscayne C Le Bistro Headliners Sports Court Sports Court Rock Wall Agua Park O'Sheehan's Atrium Headliners

### An Afternoon of Enjoyment (cont'd)

4:00pm-6:00pm 4:15pm 4:30pm 4:30pm 4:30pm 4:30pm 5:00pm 5:00pm 5:00pm 5:00pm-9:30pm 5:30pm-7:00pm 5:30pm-7:15pm Epic Bounce is Open ** * * * * * * * * * * * * * * * * *	4:15pm 4:30pm 4:30pm 5:00pm 5:00pm 5:00pm-9:30pm 5:30pm-7:00pm 5:30pm-7:15pm	Cruise Giveaway Raffle Bingo * Blackjack Tournament Finals * Family Soccer Competition ** Mighty Ships "The Voyage" Solo Travelers Gathering Thrill of the Grill Top 40 & Requests with our DJ ** Piano Melodies with Amy Evans
5:45pm Cirque Dreams & Dinner * ^ -	**	

Rock Wall Tradewinds Poolside Shakers Bar Epic Casino Jewelry Shop Atrium Atrium Pulse Fitness Mandara Spa Jewelry Shop Headliners Pulse Fitness Atrium ty Biscayne C Pulse Fitness Sports Court Sports Court Headliners Epic Casino Sports Court Atrium Studio Lounge Garden Café Poolside Taste Spiegel Tent

### An Afternoon of Enjoyment

Noon	Slime Time LIVE!
Noon	Towel Animal Folding Demo
Noon	Foot Conditions? Good Feet Solution
Noon-1:00pm	Music with Jammroc **
Noon-3:00pm	Oktoberfest **
12:30pm	Murder Mystery Lunch *
12:30pm	Grand Finale Art Auction Preview
12:30pm-1:30pm	Piano Music with Jay Chalmers
1:00pm	Grand Finale Art Auction
1:00pm	International Wine Tasting *
1:00pm	Big Screen Trivia: World Airlines
1:00pm	Adult Dodgeball Play ** *
1:00pm	Ice Carving Demonstration **
1:30pm	Pool Games: Ms. Biceps **
1:30pm	Slot Tournament * (Finals at 2:45pn
2:00pm	International Epic Crew Show
2:00pm	NCL U Beer Tasting *
2:00pm	Secrets to a Flatter Stomach
2:00pm-3:00pm	Library is Open for Book Checkout
2:00pm-3:00pm	Activity Card Prize Redemption
2:00pm-4:30pm	Deal or No Deal Card Sales *
	V- 130 U/2

**Epic Theater** Atrium ns Pulse Fitness Poolside Great Outdoors Spiegel Tent Le Bistro Taste Le Bistro Shanghai Ext. Headliners Sports Court Poolside Poolside m) Epic Casino Epic Theater Maltings Pulse Fitness Maltings Maltings Box Office

### A Night to Remember

6:00pm 6:00pm 6:00pm 7:00pm 7:00pm 7:00pm 7:00pm 7:00pm 7:00pm-8:00pm 7:00pm-10:00pm 8:00pm 8:00pm 8:30pm 8:30pm 8:30pm 8:30pm 8:30pm 8:30pm 8:30pm 9:30pm-11:00pm 9:30pm-10:00pm 9:30pm-10:00pm 9:30pm-11:00pm	Fab Abs Friends of Bill W. Library is Open for Final Book Return Blue Man Group ^ - The Second City: Overboard ^ - Friends of Dorothy: LGBT Gathering College Crowd Social (18-21 yrs) Piano Music with Jay Chalmers Casino Point Redemption Guitar Music with Jim Capik \$100 Super Shopper Raffle Deal or No Deal Card Sales * Legendary Duets Cabaret Deal or No Deal Game Show * 55 To Stay Alive Game Show Spot the Real Blue Diamond Music with El Sol Duo Music with Cruise Machine Second City: Living in America (PG13) ^- Activity Card Prize Redemption Piano Music with Jay Chalmers Karaoke Madness *** Blue Man Group ^ - \$500 Super Shopper Raffle
9:15pm 9:30pm-10:00pm 9:30pm-10:45pm 9:30pm-11:00pm	Activity Card Prize Redemption Piano Music with Jay Chalmers Karaoke Madness *** Blue Man Group ^ -
	Second City: Adult Improv (18+) ^ - The Quest! Adult Game Show Paradise Lotto Draw * Movie: Serendipity (PG13)

Pulse Fitness Biscayne B Maltings Epic Theater Headliners Shakers Maltings Atrium Epic Casino Maltings Jewelry Shop Atrium Manhattan Atrium Bliss Lounge Jewelry Shop Shakers Fat Cats - Headliners Bliss Lounge Atrium Bliss Lounge Epic Theater Jewelry Shop Headliners Bliss Lounge Epic Casino Atrium Bliss Lounge Bliss Lounge

<sup>\*</sup> Denotes a fee for these activities

<sup>\*\*</sup> Weather permitting

Waiver Required

<sup>-</sup> Latecomers unfortunately will not be allowed into the performance.

## FREESTYLE DINING

Reservations: Our Restaurant Reservations Desk is open from 7:00am-5:00pm in Le Bistro, Deck 5, Mid and the Garden Café, Deck 15, Fwd. Restaurant reservations can also be made by dialing 050, 062 or 063 from 5:00pm-10:00pm. Forgot to make a reservation, simply walk up to any of our Restaurant Hostess stands

and we will be happy to accommodate you.

Restaurant Cancellations: Cancellations of dinner reservations must be made 24 hours prior to the scheduled dining time. If cancellation occurs with less than 24 hours notice, the full price of the cover per guest will be charged to the guest's folio. For prepaid dining package reservations, cancellations to any of the three dining reservations must be made no later then 24 hours prior to the scheduled dining time in order to receive a refund. The refund will be at the discounted, pre-paid rate. Any cancellation of 1 reservation will result in the other two reservations converting to regular price. The difference between the discounted charge and the regular charge will be completed at the end of the dining experience. To ensure each of our guests receive our best service, we can only hold your dinner reservation for 15 minutes. After 15 minutes, the unclaimed reservation will be released and the full price of the cover per guest will be charged. In the case of pre-paid reservations, no refunds will be issued for cancellations with less than 24 hours notice.

Dress Code: Resort casual and shorts are allowed in all dining venues except the Manhattan Room and Le Bistro after 5:00pm. Shoes and shirt must be worn.

### The Perfect Start to the Day

Complimentary: Garden Café Buffet Great Outdoors Buffet O'Sheehan's Breakfast Taste Breakfast

(Deck 15, Fwd) (Deck 15, Fwd) (Deck 6, Mid) (Deck 5, Mid)

7:00am-10:30am 8:00am-11:30am 5:30am-11:00am 8:00am-10:00am

11:30am-3:00pm

Noon-2:30pm

Noon-3:30pm

Noon-1:30pm

3:00pm-5:00pm

### The Best Way to Fill Your Afternoon

Complimentary: Garden Café Buffet Great Outdoors Buffet Great Outdoors Snacks

Spice H<sub>2</sub>O Snacks Taste Contemporary O'Sheehan's Lunch Menu Cover charge applies:

Noodle Bar (A la carte \$) Wasabi (A la carte \$) Yakitori & Sushi (A la carte \$)

(Deck 15, Fwd) Oktoberfest (Deck 15, Fwd) (Deck 15, Fwd) (Deck 15, Aft) (Deck 5, Mid) (Deck 6, Mid)

Chinese (Deck 6, Aft) Lunch (Deck 7, Mid) Japanese (Deck 7, Mid) 11:30am-4:30pm Noon-2:00pm Noon-2:00pm Noon-2:00pm

### The Dinner You Won't Soon Forget

Complimentary: Garden Café Buffet Manhattan Room O'Sheehan's Dinner Spice H<sub>2</sub>O Dinner Snacks

Taste Contemporary Cover charge applies: Cagney's (\$30\*) La Cucina (\$15\*) Le Bistro (\$20\*)

Moderno (\$20") Shanghai (\$15\*) Spiegel Tent (\$29.99/\$39.99\*) Teppanyaki (\$25\*) Noodle Bar (A la carte S)

Wasabi (A la carte \$) Yakitori & Sushi (A la carte \$) (Deck 15, Fwd) Supper Club (Deck 6, Aft) (Deck 6, Mid) (Deck 15, Aft) (Deck 5, Mid)

Steakhouse (Deck 7, Aft) Italian (Deck 14, Fwd) French (Deck 5, Mid) Churrascaria (Deck 7, Aft) Asian (Deck 6, Aft) Circus/Dining (Deck 6, Fwd) Japanese (Deck 7, Mid) Chinese (Deck 6, Aft) Japanese (Deck 7, Mid) Japanese (Deck 7, Mid)

5:00pm-9:30pm 5:00pm-9:30pm 5:30pm-8:30pm 6:00pm-10:00pm 5:00pm-9:30pm 5:30pm-10:00pm 5:30pm-10:00pm 5:30pm-10:00pm

5:30pm-10:00pm 5:30pm-10:00pm 5:45pm 5:00pm-10:00pm 5:00pm-Midnight 5:00pm-Midnight 5:00pm-Midnight

Please note that cover charges are per person.

### For the Anytime Appetite

Atrium Snacks Great Outdoors Snacks O'Sheehan's Late Snacks Pizza 24/7 (\$5) Room Service Delivery

(Deck 5, Mid) (Deck 15, Fwd) (Deck 6, Mid) Delivery Service 066, 061 064, 065, 067 Room Service Charge: \$3.95 per order between Midnight-5:00am

7:00am-6:00pm 9:00pm-11:30pm 8:30pm-4:00am Always Open Always Open

**Bar Services** 

Atrium Café, Deck 5, Mid Bliss Ultra Lounge, Deck 7, Fwd Cagney's Bar, Deck 7, Aft 7:00am-Close 5:00pm-Close 5:30pm-Close Cascades Bar, Deck 6, Aft Fat Cats Jazz & Blues Club, Deck 6, Aft 9:00am-Close 7:00pm-Close Garden Café/Juice Bar, Deck 15, Fwd Headliners, Deck 6, Fwd 7:00am-Close 6:00pm-Close Maltings Beer & Whiskey Bar, Deck 7, Aft O'Sheehan's Bar & Grill, Deck 6, Mid Noon-Close 10:00am-Close O'Sheehan's Bar & Grill, Deck 6, Mid Shakers Martini Bar, Deck 7, Mid Spice H<sub>2</sub>O Bar, Deck 16, Aft (18+) SVEDKA/Inniskillin Ice Bar, Deck 7, Mid (\$20) The Studio Lounge Bar, Deck 11, Fwd Wasabi Sake Bar, Deck 7, Aft Waves Pool Bar, Deck 15, Fwd Noon-Close 9:00am-Close 5:30pm-Close 4:30pm-Close 11:30am-Close 8:00am-Close

### **Guest Services**

Box Office, Deck 6, Fwd #073 9:00am-11:30am 8 Bridge Viewing Room, Deck 13, Fwd Cruise Consultant Desk, Deck 5, Mid 3:00pm-5:00pm & 9:00am-11:30am & 2:00pm-4:30pm Sunrise-Sunset 11:00am-Noon, 7:00pm-10:00pm Entourage Teen Lounge, Deck 16, Aft #616604 Epic Casino, Deck 6, Mid Guest Services Desk, Deck 5, Mid #00 11:00am-1:00am 9:00am-Close Always Open Guppies Playroom, Biscayne C, Deck 5, Fwd Jacuzzis, Deck 15, Mid \*\*
Jacuzzis Spice H<sub>2</sub>O, Deck 15, Aft \*\*
Kid's Pool, Deck 15, Mid \*\* 9:00am-9:00pm 7:00am-Midnight 7:00am-Midnight 7:00am-7:00pm Connect Internet Café, Deck 5, Fwd Always Open Connect Internet Manager's Hours 9:00am-Noon, 1:00pm-5:00pm & 7:00pm-10:00pm 9:00am-10:00am, 2:00m-3:00pm & 6:00pm-7:00pm Deck 5, Fwd Library, Maltings, Deck 7, Aft Final Book Return Mandara Spa & Salon, Deck 14, Aft, #030 Medical Center, Deck 10, Aft 8:0 Doctor's Hours, Deck 10, Aft 8:30an 8:00am-9:00pm 8:00am-Noon & 1:00pm-8:00pm 8:30am-10:30am & 4:00pm-6:00pm On Board Credit Desk, Deck 5, Mid #65445 9:00am-Noon & 9:00am-Noon & 4:00pm-11:00pm 9:00am-11:00pm 7:00am-10:00pm 7:00pm-9:00pm 6:00am-11:00pm 9:00am-11:00pm Photo Gallery, Deck 5, Fwd #61357 Pool, Deck 15, Mid \*\* Port & Shopping Consultants, Deck 5, Mid Pulse Fitness Center, Deck 14, Mid Sandbar Spirits & Tobacco, Deck 7, Aft 10:00am-1:00pm & 3:00pm-8:00pm Shore Excursion Desk, Deck 5, Mid #070 Spice H2O Pool, Deck 15, Aft \*\* (18+ 6:00am-6:00pm Splash Academy Late Night, Deck 14, Mid \* 10:30pm-1:30pm
The Barber Shop, Deck 7, Aft #67605 8:00am-9:00pm
The Collection Art Gallery, Deck 5, Fwd 6:00pm-9:00pm
The Marketplace, Deck 15, Aft
Tradewinds Freestyle Shopping Tradewinds Freestyle Shopping, Deck 7, Mid Video Arcade, Deck 15, Aft 9:00am-11:00pm Always Open \* Denotes a fee for this program

\*\*Weather Permitting

Safety Information: Open flames (candles/incense) are strictly prohibited. To avoid injury, keep hands/fingers clear of doors and/or door frames. Please take special care when walking around the ship. Use handrails and wear appropriate footwear as necessary. Also please be aware of raised thresholds and wet decks. Running on decks is prohibited (except the Jogging track).

Observe safety signs in your stateroom and throughout the ship.

Safety Equipment Please do not remove or meddle with any safety equipment onboard (such as smoke detectors, life vests or fire extinguishers). Please follow all safety instructions from the crew. All guests are reminded to maintain a high level of vigilance and to take appropriate steps to increase their security and safety awareness when departing the vessel

Environmental Hotline: You can report environmental incidents by calling 1-877-501-5976; the ship reception desk at 00 or via email to Environmentalhotline@ncl.com.The environmental hotline should be used only to report actual or potential environmental incidents, spills and All reports are confidential

Concerns. All reports are confidential.

The Discharge of all Garbage into the Sea is Prohibited. The International Convention for the Prevention of Pollution from Ships (MARPOL) and various domestic laws prohibits the discharge of garbage from ships into the sea. Violation of these requirements may result in penalties. All garbage is to be retained on board and placed in the bins provided.

Smoking Policy: Smoking in public areas is only permitted in designated spaces of open decks, casino, cigar bar or stateroom balcony (cigarettes only). Smoking of any kind is prohibited in the statemoms.

Loungers: As a courtesy to your fellow guests, the reserving of lounge/sun chairs is prohibited. If any chair is left unattended for longer than 60 minutes, the items will be removed and handed in at the Guest Services Desk, Deck 5. Mid.

Curfew: Spice H-O is an adult only venue until 6:00pm. Bliss Lounge becomes an adult only venue after 10:00pm (Unless otherwise stated). A curriew is in effect and guests under the age of 18 are not permitted in public areas after 1:00am, unless with their parents/guardians or in an

18 are not permitted in public areas after 1:00am, unless with their parentaryolarities of its an organized youth activity.

Consumer Advisory. Please be advised that food onboard may contain meats, seafood, fish, shellfish, eggs, lamb, milk, or poultry. Consuming these items in a raw or undercooked manner increases your risk of food borne illness, especially if you have certain medical conditions. There is also a risk involved when consuming unpasteurized juices. If you have an illness that may be affected by consumption of the above items please contact a physician. Additionally, please be advised that certain food items onboard may contain nuts. If you have questions please contact a physician the programment Staff. our Restaurant Management Staff

Announcements: can be heard in your staterooms, on Channel 22 on your stateroom television and in all public areas

Towel Station: on Deck, 15, Mid is for Towel exchange only. Please bring the towel from your stateroom in order to exchange for a new one.

Show Policy: Failure to cancel reservations 24 hours in advance for Nickelodeon's Pajama Jam and Cirque Dreams & Dinner will result in your account being charged the full amount. All ticketed shows have seating on a first come, first served basis and all reservations will be released ten minutes prior to the start of the performance. (5 minutes prior for shows in the Spiegel Tent).